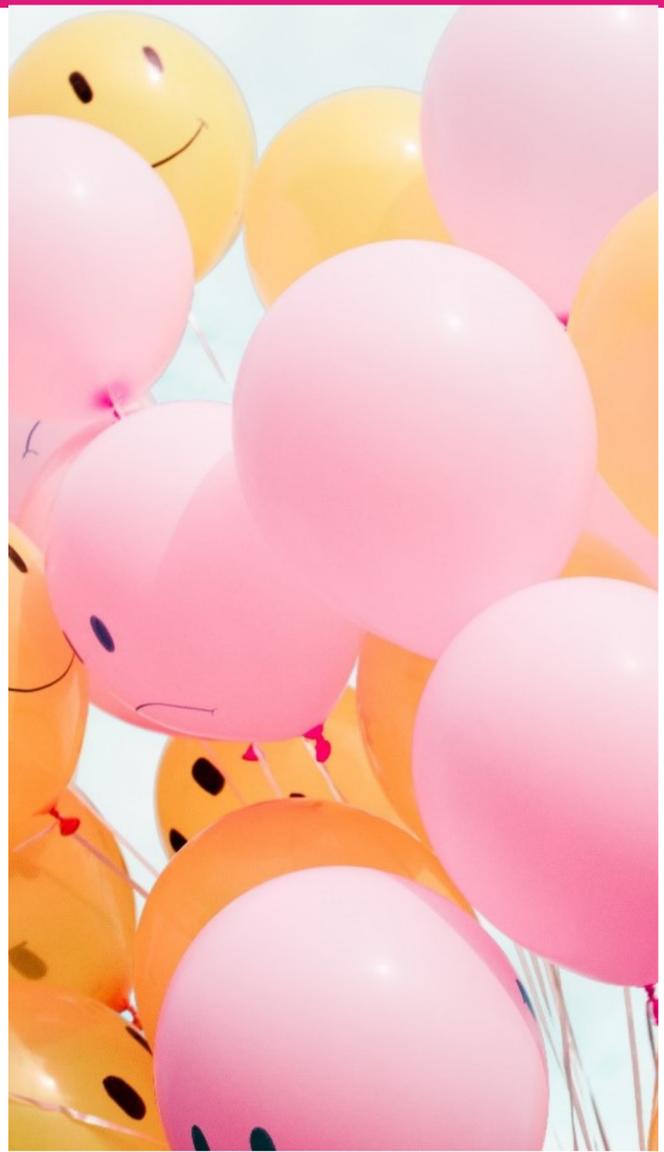
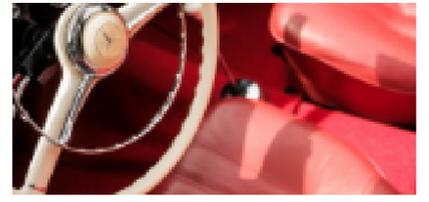


CHILDFREE CHOICES PROGRAM

HELPING CHILDFREE + UNDECIDED WOMEN & MEN MAKE THEIR OWN RULES & CHOICES





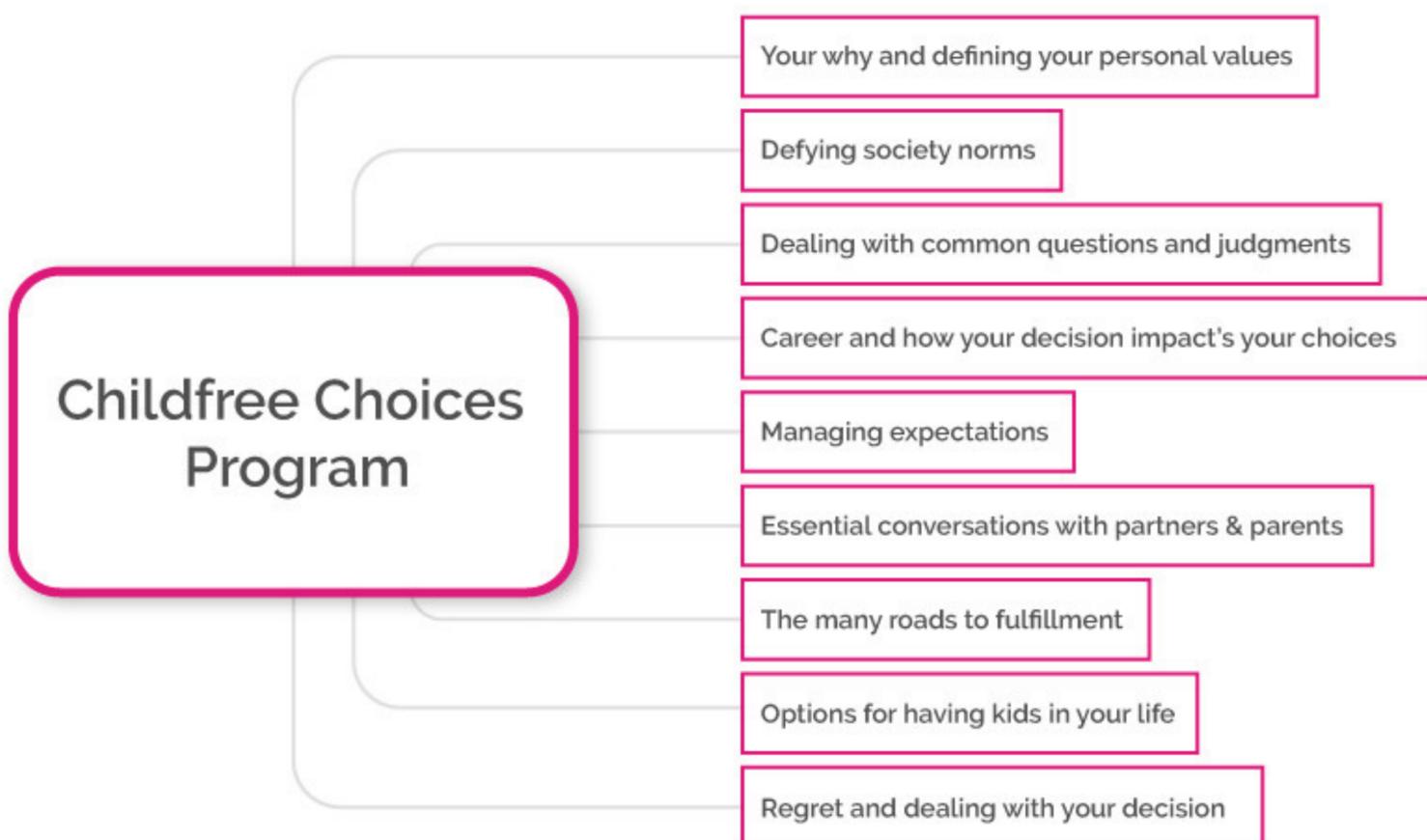
Childfree Choices Program

If you are one of the 1 in 4 are women or men who are now deciding to not have children OR you are unsure if you want children then keep reading.

The **Childfree Choices Program** is designed to provide support and mentoring for women & men who are deciding if kids are for them or are childfree and want help dealing with the judgment or criticism you might be facing.

The program is broken down into 9 months (that is no coincidence) and will include online resources & articles, exercises you can do to help you decide, access to other women with & without kids, interviews with women from various circumstances, tactics on 'how to deal', group discussions on the closed Facebook group & more. It will be a combination of face to face (Brisbane only), online & group Zoom calls. There will also be an opportunity to upgrade to 1 on 1 coaching sessions if you want more personalised help.

The monthly modules are as follows:





Outcomes of the program:

- ✓ Provide you a with a clear plan forward for you
- ✓ Ability to manage and respond to judgment and criticism of your choice
- ✓ A non-judgemental and supportive space to explore your feelings about having (or not having) kids
- ✓ Someone to talk to about how you're feeling
- ✓ Able to see your options and how life looks like on both sides
- ✓ Exercises to help you decide what is right for you
- ✓ Ability to have difficult conversations with those around you
- ✓ Happier mentally healthy staff (if part of a Corporate Program)

Women (and men) invest in business coaching & mentors but don't take time to invest the time and energy into something that impacts their entire life in the biggest way.

Commences April 2019

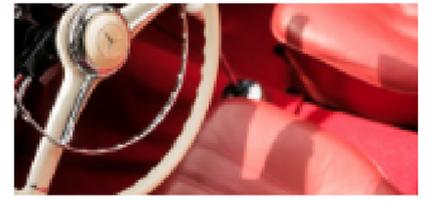
Register your interest

<http://childfreehappilyeverafter.com.au/events/childfree-choices-program>

We are still finalising details on pricing so at this stage this is simply an expression of interest. You are not committing to anything and will be informed when the program is about to a launch. I'd love to have you on board for this first of it's kind program.

Any questions can be directed to tanya@childfreehappilyeverafter.com.au

Never let anyone dull your sparkle



Why have I created it?

Close to 1 in 4 women in OECD countries are choosing to be childfree for many reasons. Despite the growing number of women making this choice, being a mum is seen as the holy grail by many in society, in particular, families.

Having made the decision to be childfree when i was very young I have had to endure a lifetime of judgment, criticism, being treated differently to my siblings and having to constantly defend my choice.

As I wasn't given any sort of armor or training to help me to deal with all, the result would often come out as anger and frustration which is not healthy for any relationship, especially those you love the most.

So I want to help you navigate this choice and the uncomfortable conversations you might need to have over the coming months or years. This program is designed to help you work out in a supportive judgment free environment.

There is really no place to go to have these conversations. It is not something you talk to HR or your boss about at work and not everyone can talk to their mother or partner about it. This is a safe supportive place to learn and get involved as little or as much as you want.

This is something i ever very passionate about and I'd invite you to explore urther if you are unsure. Having kids is a massive, life changing choice. You need to do what is best for you and not those around you. You only get one life so make it as fulfilling and fabulous as you want it to be for YOU.

Tanya Williams

Author of A Childfree Happily Ever After and founder of the Childfree Choices Program